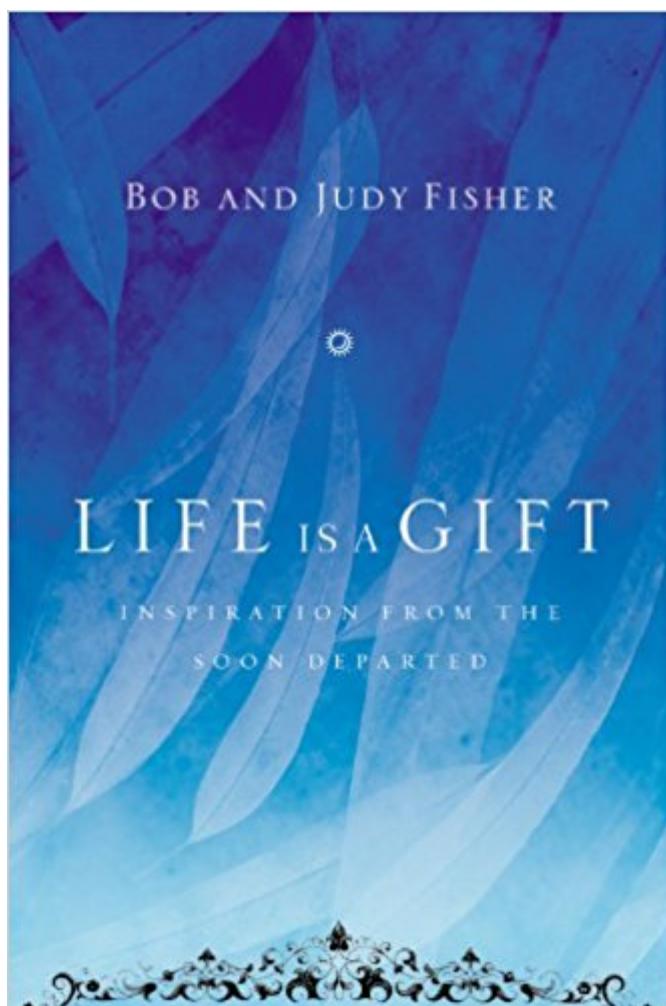


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# Life Is A Gift: Inspiration From The Soon Departed



## **Synopsis**

In candid interviews, terminal patients in the Alive Hospice program talked with authors Bob and Judy Fisher, addressing some of the most important questions we ask about our life and how we've made the journey. These end-of-life ponderings are collected into inspirational and provoking thoughts that will encourage each of us to live life fully. Each story is reflected in thematic chapters-priorities, family, simple pleasures, romance, integrity, regret, forgiveness-crafted into a series of "lessons learned," offering motivation to approach life with more vigor. These powerful stories deliver the clear message that if you wait to really live until you know you are going to die, you risk missing much of the joy life has to offer and the chance to leave a positive legacy.

## **Book Information**

Hardcover: 240 pages

Publisher: FaithWords; 1 edition (May 20, 2008)

Language: English

ISBN-10: 0446196363

ISBN-13: 978-0446196369

Product Dimensions: 5.8 x 0.9 x 8.5 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars 14 customer reviews

Best Sellers Rank: #1,049,807 in Books (See Top 100 in Books) #59 in Books > Christian Books & Bibles > Churches & Church Leadership > Ministry to the Sick & Bereaved #4035 in Books > Christian Books & Bibles > Christian Living > Self Help #10415 in Books > Self-Help > Motivational

## **Customer Reviews**

What can the dying teach the living? That is the question that educators Bob and Judy Fisher set out to answer when they interviewed 104 hospice patients ages five to 98. There are no surprises in this slim volume: people talk about family more than work, and about living in the present. The book is organized thematically around topics like priorities, simple pleasures, regrets and forgiveness. This leads to some repetition and overlap, but also helps each chapter stand alone for individual study. The tone is comfortably conversational and liberally peppered with tie-ins to popular songs, although sometimes the authors' commentary gets in the way of their subjects' more powerful words. This is not a soul-shaking book, but it is an effective invitation to self-reflection. It stands out among the growing number of books about death and dying in that it is aimed back at the living:

readers can find inspiration in these voices to make better choices in the here and now, find deeper joy in every day and live life with no regrets. (May) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Robert Fisher has been a university professor, dean, academic vice president, and has served as president of Belmont University in Nashville for the past six years. He is a Fulbright Scholar and serves in numerous volunteer roles including serving on the NCAA Division I Board and Executive Committee, the board of the Nashville Symphony, and is the current Chairman of the Greater Nashville Area Chamber of Commerce. Judy Fisher has filled the roles of mother, Middle School science teacher, and currently, the campus-wide coordinator of interior construction and external landscaping/lighting at Belmont University. Judy conducted the large majority of the interviews for this project. Judy is active in community service where she serves on several non-profit boards including the American Lung Association, the Nashville Opera, and most notably, the board of Alive Hospice.

I have wondered how people work with hospice patients because it seemed so depressing. How could they find the work rewarding? This book answers my questions by showing us what a blessing it can be to listen to those of us who are facing death. The author shares moving, meaningful stories he heard from several hospice patients who can help us all understand more about what is truly important in life. Amazing testimonies and a very worthwhile read!

This book powerfully shows us what should be the most important priorities in each of our lives. It places a very high priority on ones faith and the assured feeling as we approach the end of our time here.

It was very inspirational to me--not depressing.

This book is so true. After experiencing hospice with a family member I think everyone should take the opportunity to read it. Life is a gift and we should all take time to examine our own lives. I highly suggest this awesome book. It is not sad like you think it may be.

Since I work for a Hospice, I found the reflections in this book help me understand these same reactions in my patients.

A read for all!!

Very thought provoking . Still reading it, I have not finished yet. But I have enjoyed what I've read so far.

Just as described!

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